

Using the scale below, prioritize the professional development areas in order of importance to you, with **1 being most important and 7 being least important**.

Once you've rated each goal area, list three concrete examples of what you'd like to achieve with your mentor. A question you might ask yourself while completing this section is, *“Once I've developed my skills in this area, I would like the result to be...”*

- \_\_\_\_\_ **Work-life balance**
- \_\_\_\_\_ **Time management**
- \_\_\_\_\_ **Managing and dealing with difficult people**
- \_\_\_\_\_ **Career path**
- \_\_\_\_\_ **Networking/relationship building**
- \_\_\_\_\_ **Leadership skills**
- \_\_\_\_\_ **Resident-directed Care**

<b>Area:</b> Work-life Balance	<b>Area:</b> Time Management	<b>Area:</b> Leadership Goals	<b>Area:</b> Career Path
<b>Goals:</b>	<b>Goals:</b>	<b>Goals:</b>	<b>Goals:</b>
<b>Area:</b> Networking/ Relationship Building	<b>Area:</b> Managing and Dealing with Difficult People	<b>Area:</b> Resident-directed Care	
<b>Goals:</b>	<b>Goals:</b>	<b>Goals:</b>	

#### **Next level steps for the mentee:**

Create your own action plan for weekly/monthly activities to keep moving forward!